## Preparation and Characterization of Nanocomplexes Based on Lithocholic acid-Modified Exendin-4 and Glycol Chitosan Bearing β-Cyclodextrin.

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# Purpose

Exendin-4, a naturally occurring dipeptidyl peptidase-IV resistant GLP-1 analog, has emerged as a promising therapeutics for type 2 diabetics. However, the therapeutic efficacy of exendin-4 is hampered by its short biological half-life, thus requiring twice a day injections in the clinical settings. Although several methods, including PEGylation, have been developed to overcome this critical issue, the long-acting formulation of exendin-4 still remains an intriguing challenge. In recent years, supramolecular systems have gained significant attention for delivery of biotherapeutics. For example, lithocholic acid-modified exendin-4 (LAM<sub>1</sub>-Ex4) remarkably increased duration of action, presumably due to the nanoparticlar formation and interactions with albumin. Based on the strong binding of lithocholic acid with  $\beta$ cyclodextrin( $\beta$ -CD), we envisaged that design of supramolecular nanoparticular systems based on β-CD could further prolong the duration of action. To realize our concept, in the present study we have synthesized glycol chitosan bearing  $\beta$ -CD( $\beta$ -CDGC) conjugate and investigated their complexation behavior with LAM<sub>1</sub>-Ex4.

#### Methods

 $\beta$ -CD bearing glycol chitosan( $\beta$ -CDGC) was prepared by the reaction with mono functionalized cyclodextrin and LAM<sub>1</sub>-Ex4 (Lys<sup>27</sup>-LA-Ex4) were obtained by reverse-phase HPLC separation. LAM<sub>1</sub> was physically encapsulated into  $\beta$ -CDGC nanoparticles by dialysis The physicochemical characteristics of the method. LAM<sub>1</sub>-Ex4 loaded β-CDGC conjugate(LAM<sub>1</sub>/β-CDGC) were examined by using transmission electron microscope (TEM), dynamic light scattering (DLS). The stability of LAM<sub>1</sub>-Ex4 and LAM1/β-CDGC was studied in the presence of Trypsin at 37°C. Further, db/db mice were administered a single subcutaneous(S.C.) injection of LAM<sub>1</sub>/β-CDGC nanocomplexes and blood glucose levels were monitored using a glucometer and tail-tip blood samples ..

### Results

The size of the LAM<sub>1</sub>-GC, LAM<sub>1</sub>/ $\alpha$ CDGC and LAM<sub>1</sub>/ $\beta$ -CDGC nanocomplexes was found to be 655, 461 and 325 nm, respectively. This indicates that particle size of LAM<sub>1</sub>/ $\beta$ -CDGC nanocomplexes can decreases by strong interaction between lithocholic acid and  $\beta$ -Cyclodextrin. The half-life of LAM<sub>1</sub>/ $\beta$ -CDGC was increases 20% to 7.35min compared with LAM<sub>1</sub>-Ex4.

Figure 1. The stability of Exendin-4, LAM<sub>1</sub>-Ex-4 and LAM<sub>1</sub>/ $\beta$ -CDGC in presence of trypsin at 37°C.



Futher, the results obtained from phamacodynamics study indicated that the glucose lowering effect of LAM<sub>1</sub>/ $\beta$ -CDGC nanocomplexes continued for a week *in vivo*. Calculated glucose AUC value also revealed that LAM<sub>1</sub>/ $\beta$ -CDGC had greater antidiabetic effects than exendin-4.

Figure 2. Pharmacodynamics characterizations of Exendin-4, LAM<sub>1</sub>-Ex4 and LAM<sub>1</sub>/ $\beta$ -CDGC after an S.C. injection (100nmol/kg, n=6).



### Conclusions

We prepared nanocomplex system based on lithocholic acid-modified exendin-4 and glycol chitosan bearing  $\beta$ -cyclodextrin. This nanocomplex system might have a potential as long-acting therapeutics for type 2 diabetics.

#### **References:**

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